

COMMUNITIES NEWSLETTER

Monthly Sports, Societies and Arts Active updates!

Arts
Students'
Union

arts-su.com

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What's On



Film Files x MUBI:
'The African Desperate'
preview screening
17th November

Join the Film Files Society for their private screening in collaboration with MUBI. The screening will be followed by pizza and drinks, and MUBI has provided special merch for all attendees!

[Tickets here](#)

UAL Christian Union:
Weekend Away!
25th-27th November

Join the Christian Union for a weekend of getting together, discussing the Bible, art and culture, sharing in food and games and having fun!

The cost will be figured out based on interest, estimation is from £10 - £30.

[Tickets here](#)

ual:
CHRISTIAN
UNION

Arts Active

Arts Active is a programme that gives you access to social and recreational activities. All classes are commitment free which means you can try something different each week, or become a regular at your favourite sessions. The sessions are designed to help you meet other students, try new things, and look after your wellbeing!



Mondays: Creative Writing
6:30-7:45pm

Join to explore personal writing through exercises and prompts to find inspiration.

[7th November](#)
[14th November](#)
[21st November](#)
[28th November](#)



Tuesdays: Yoga
5:00-6:00pm

Join a relaxing session of yoga to learn new techniques and tools for a balanced body.

[8th November](#)
[15th November](#)
[22nd November](#)
[29th November](#)

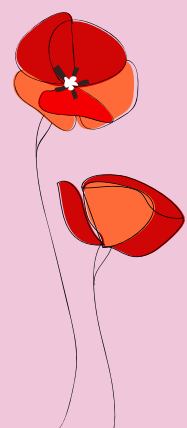
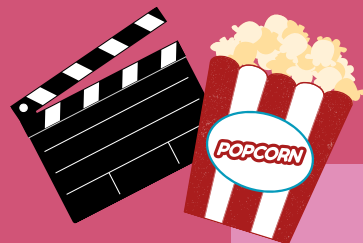


Wednesdays: Creating Calmness
12:30-1:30pm

Join a session to learn mental wellbeing techniques and find emotional freedom.

[9th November](#)
[16th November](#)
[23rd November](#)

SECURE YOUR SPOT NOW



New Communities

Check out our sports clubs and societies this year!

You can find more information about the clubs on our website or on their Instagrams. Press the logos below for a direct link to the website or the handle for a direct link to Instagram.



Jiu Jitsu
[@ualjiujitsu](#)



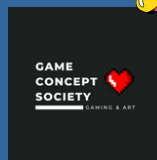
Ultimate Frisbee
[@ual_frisbee](#)



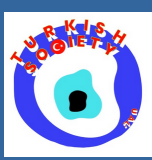
Table Tennis
[@ualtabletennisclub](#)



EFC Society
[@ualefc](#)



GC Society
[@gcsual](#)



Turkish Society
[@ualturkishsociety](#)



Persian Arts
[@persianartsual](#)



Poetry Society
[@ualpoetry](#)



Amnesty Int.
[@ual.amnesty](#)



Jewish Society
[@jewishsocietyual](#)



Ad Society
[@ualadsoc](#)



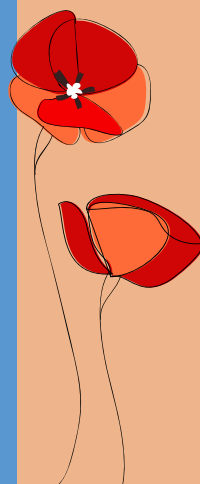
Italian Society
[@ualitaliansociety](#)



Music Society
[@ualmusicsociety202](#)

Remembrance Day 2022

Don't forget to wear your poppies and lay out wreaths for this year's Remembrance Day on **Sunday 13 November** as we remember the people who sacrificed their lives in the First World War.



How To Contact Us



[@arts.communities](#)

Sports Development Coordinator: sports@su.arts.ac.uk

Societies Development Coordinator: societies@su.arts.ac.uk

Arts Active Coordinator: artsactive@su.arts.ac.uk