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Each time I told a peer in the UK that I can't handle spicy food I get a puzzled look from them because I am Indian. And thanks to sitcoms and movies, the idea of Indian food only being spicy is the popular yet stereotypical opinion. Since letterpress has almost a set-in-stone look and feel I decided to print the sentence 'Indian food is not always spicy' (which is honestly true!) with the hopes to set the record straight.





